

Heat Safety Ice Checklist

A field-ready checklist for construction and industrial crews. Use this to plan ice, cool water, shaded hydration stations, and heat response readiness.

Company / Project _____ _____	Jobsite Location _____ _____	Date _____
Crew Size _____	Forecast High / Heat Index _____ / _____	Supervisor _____

1) Plan and Source Ice

- Confirm delivery schedule and access (gate codes, laydown area, early-hours drop).
- Verify product type: bag ice, block ice, or both (as needed for coolers and rapid cooling).
- Confirm quantities for the day and buffer for peak heat (add extra for delays).
- Verify cooler availability, condition, and sanitation (lids seal, drains work).
- Confirm backup supplier or contingency plan for delivery failures.

2) Set Up Hydration and Cooling Stations

- Place insulated water coolers in shaded areas close to active work zones.
- Stock each station with cups/bottles, trash bags, and a refill plan (avoid empty coolers).
- Label stations clearly (e.g., "Water + Ice") and brief the crew at start of shift.
- If used, stage rapid-cooling supplies (ice towels, immersion tub/stock tank, or cooling packs).
- Assign a responsible person to check stations at least every 2 hours (more in extreme heat).

Hydration guidance
 Encourage frequent drinking in hot conditions. A common benchmark is about 1 cup (8 oz) every 15-20 minutes while working in the heat. Requirements and thresholds vary by jurisdiction and jobsite policy.

3) Heat Illness Response Readiness

- Review symptoms of heat exhaustion and heat stroke with the crew (buddy system encouraged).
- Confirm emergency plan: who calls 911, site address, access points, and meeting location.
- Ensure supervisors know the rapid cooling priority for suspected heat stroke (cool first, then transport when possible per medical guidance).
- Confirm radios/phones are charged and contact list is up to date.
- Verify shaded rest area is available and stocked (chairs, shade canopy, water, ice).

4) Daily Ice and Cooler Log

Time	Cooler / Station	Ice Added (lbs/bags)	Water Refilled	Checked By
____:____	_____	_____	Yes / No	_____
____:____	_____	_____	Yes / No	_____
____:____	_____	_____	Yes / No	_____
____:____	_____	_____	Yes / No	_____

5) Supplier Notes

Supplier: _____ Phone: _____ Account/PO: _____

Delivery instructions / access / special handling:

Get the supplier directory + updates



Scan the QR code to access the Jobsite Ice directory and optional updates (heat safety resources, supplier coverage). For backlink outreach, share this checklist with safety managers, GC partners, and EHS teams.